



What is the Love Yourself Project: LYP is a nonprofit art & educational organization providing community programs which promote self love, self esteem, & skill building to help create harmonious and sustainable communities.

10,000 Hearts Campaign: *What does it mean to love yourself?

*A bonding activity that brings families together to share what they love about themselves.

*How will the public benefit? To raise awareness of the importance of self love

*Visit loveyourselfproject.org to learn how you can make a **kit** to create an event in your community.

Instagram: @loveyourselfNYC **LIKE US ON FACEBOOK:** FACEBOOK.COM/TheLOVEYOURSELFPROJECT



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